

Adelaide Times

84 Adelaide Street Lindsay, Ontario

Welcome Home!

We would like to extend a warm Adelaide Place welcome to

**Doreen Nicholls
Arnold and Yvonne Stone**

Please stay tuned for more new move-in announcements this month



helix
hearing care

Hearing Tests • All Types of Hearing Aids • Payment Plans

At Helix Hearing Care, we are committed to bringing you the finest quality and most advanced hearing care available.

FREE HEARING ASSESSMENT*

Valued at \$75

*Limited time offer. Conditions apply.

Call today:

705-320-9244

Kent Place Mall
189 Kent Street West, Suite 107, Lindsay



**Wishing you all
the joys of the
season to carry you
the whole year
through!**

December Birthdays

In astrology, the Archers of Sagittarius are those born between December 1–21. These open-minded travelers are in constant motion, searching the globe for meaning. Curious, optimistic, and enthusiastic, they are not afraid of change and treasure freedom. Those born from December 22–31 are Capricorn's Goats. Goats are focused on lofty goals; these hardworking and determined souls will prevail with grit and resilience.

- Aaron Rodgers (quarterback) – Dec 2, 1983
- Walt Disney (animator) – Dec 5, 1901
- Dave Brubeck (musician) – Dec 6, 1920
- Emmett Kelly (clown) – Dec 9, 1898
- Rita Moreno (actress) – Dec 11, 1931
- Shirley Jackson (writer) – Dec 14, 1916
- Betty Grable (actress) – Dec 18, 1916
- Chris Evert (tennis pro) – Dec 21, 1954
- Howard Hughes (magnate) – Dec 24, 1905
- Clara Barton (nurse) – Dec 25, 1821
- Tiger Woods (golfer) – Dec 30, 1975
- Donna Summer (singer) – Dec 31, 1948



Celebrating December

Safe Toys and Gifts Month

Write a Friend Month

Spiritual Literacy Month

Hanukkah

December 2–10

Pretend to Be a Time Traveler Day

December 8

International Mountain Day

December 11

Crossword Puzzle Day

December 21

Christmas Day

December 25

Make Up Your Mind Day

December 31

A Word from your Executive Director

Sleigh bells ringing... Snow glistening... Children laughing... Trees shining... cookies baking... Snowmen smiling... The Christmas season is almost here!! With all the joys this season brings, Christmas also keeps us all very busy. Busy gathering with friends and family, Christmas shopping, writing cards, and planning the wonderful traditions that surround this festive time of year. Remember the fun of filling children's stockings with trinkets and toys, community gatherings on Christmas Eve, and all the beautiful baking and decorating for the season.

Of all the gifts we give this season, perhaps the most important are the gifts of Compassion, Generosity and Kindness. These gifts are not found in a store, but they mean so much more! They can come in many forms, some very simple, and can touch another life in a profound way. It could be as simple as helping out a local charity, donating canned goods to the local food bank or to a coat drive, helping wrap gifts, or serving a meal at a soup kitchen. Some people contribute time in a local shelter to prepare Christmas dinner or to sort toys for a toy drive. There is a way for each of us to help those less fortunate than ourselves throughout the entire year, and the need for our goodwill becomes even higher during the holiday season. If we all took a moment to look around us to see how we could help those in need, the number of people we could impact in a positive way would be astonishing. The ways to make someone else's Christmas just a bit brighter are all around us, we just need to look for them. So, this Christmas season, ask yourself what you can do to make someone's holiday that much brighter.

We wish you and your loved ones a very merry holiday season!

Thank you,

Adrienne

December News From your Chef...

Upcoming New look on our Lunch Menu. Right now we offer a hot and cold daily special.

Cold Items offered on a daily basis are getting an upgrade to include popular items such as egg and salmon salad sandwiches - no more waiting for your favourite sandwich! The hot item will remain as a rotating daily special, but upgraded to a more ample plate with better visual appeal.

-Mark

A Note of Apology

I would like to give my sincerest apology for the errors made in last month's newsletter. Several Resident's names were misspelled.

Names are a very special and important part of one's identity. They are given to us by our parents for a lifetime.

To those who noticed these errors, I appreciate you bringing it to my attention, and please ask for anyone to do so if more errors are made in the future.

Your Recreation Manager,

Kathryn

News from your Recreation Team!

Happy December! We have a lot going on this month to help get everyone into the merriment of the season!

We have music, shopping, games, arts, crafts and more!

We also will be welcoming three Fleming College Students on December 6th. Skye, Devyn and Maya will be running a special holiday program at 10:30am in the activity room as part of their College course. These ladies will be running a crafting program and serving up some tasty treats and hot cocoa afterwards! Please come out and participate! They are relying on you!

This wonderful time of year brings lots of fun and good cheer, but it often also brings wind, snow, rain, sleet and ice! Our priority, alongside providing opportunities for fun and engaging outings, is to keep us all safe this winter. With that in mind, please be aware that on days when weather becomes too severe, trips will have to be cancelled. We will provide as much notice as possible during these circumstances, but despite our efforts, last minute cancellations may occur.

If you have any suggestions, concerns or requests for your recreation programs, please leave us a word in the suggestion box, and come to our next **Recreation Meeting on December 10th at 2:00pm in the Activity Room.** We will be highlighting some of the upcoming events this month, as well as any new changes and asking for your input for January events and activities. Be in the know, and be sure to show!

From your Recreation Team,

Kathryn, Gillian, Colleen and Mikayla

A Note from Your Resident Council

Well, it's official. The Christmas season is upon us! The Largest merchandising time of the year. I personally do not know of anyone who doesn't buy a gift for someone for the holidays, but it didn't start out that way.

December 25 is a special day celebrated by 3 of the world's major religions – Judaism, Christianity, and Islam. All of them commemorate the birth of a tiny baby in Bethlehem, Israel. His name was Jesus. Stories tell us that he came as a gift to everyone. Over the centuries this has become a total reversal.

How did that happen?

Regretfully religion became involved. One way it started was as a tithe – a percentage of our income given to the church. This was fine, in fact for many of us, we still follow this tradition today.

The problem was that this small commitment mushroomed, and more than religion hopped on the train. We need to find a way back. A way to celebrate this great season with friends and family – the way it was meant to be.

Now I am not saying "Don't buy gifts and forget the religious significance of this great time of year." But spend this December with your family and friends, remembering the pleasures of life, now and in your past.

Think of the simpler times in our lives, celebrate peace, those around us and that miracle in Bethlehem over 2,000 years ago.

Merry Christmas to everyone at Adelaide Place from your Resident's Council and Remember Peace on Earth to All Men of Good Will. - Vulgate Latin Bible Circa 325 A.D

Don't forget,

Your next Resident Forum Meeting is coming up quick! It will be held on December 4th at 2:00pm in the lounge. All residents are encouraged to attend.