

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

											
<p><b>9:30 Church Runs Begin</b> 6</p> <p>10:30 Creative Colouring (AR)</p> <p><b>10:45 Catholic Communion (TH)</b></p> <p>12:45 Hymn Sing with Rosalind (LO)</p> <p>2:00 Shuffleboard (AR)</p> <p>3:00 Bridge &amp; Euchre (AR)</p>	<p>9:30 Strength Class (AR)</p> <p>10:15 Posture Focus (AR)</p> <p>11:10 Big Screen Bingo (AR)</p> <p><b>1:15 Chair Yoga (AR)</b></p> <p>2:00 Paraffin Wax Hand Therapy</p> <p><b>2:30 Recreation Meeting w/ Kathryn (AR)</b></p> <p>4:00 Bean Bags (LO)</p> <p>6:30 Poker Social (AR)</p> <p>6:45 Evening Pokeno</p> <p><b>7:00 When Calls the Heart (TH)</b></p> <p><b>Foot Care Appointments 9:30-3:00pm</b></p>	<p><b>NO Appointment Runs</b> 1</p> <p>11:10 Big Screen Bingo (AR)</p> <p>1:15 Bridge/Euchre (AR)</p> <p>2:00 Mexican Train</p> <p>3:00 Bible Study (AR)</p> <p>3:30 Bill &amp; Therapy Dog Tracker</p> <p>4:00 UNO (AR)</p> <p><b>7:00 Movie Night: An Unfinished Life</b> New Year's Day</p>	<p>9:30 Strength Class (AR)</p> <p>10:15 Flex Class (AR)</p> <p>11:10 Big Screen Bingo (AR)</p> <p><b>1:15 Shopping at Giant Tiger</b></p> <p>1:30 Brain Games (LO)</p> <p>2:00 Paraffin Wax Hand Therapy</p> <p><b>2:00 Ambulation Aides and Safety In Service with Khera (TH)</b></p> <p>3:00 Bean Bags (LO)</p> <p>6:30 Poker Social (AR)</p> <p>6:45 Sing Along with Rosalind (LO)</p>	<p>9:30 Aqua Fit (PO)</p> <p><b>10:00 Bank Runs</b></p> <p><b>11:00 Shoppers/ LCBO</b></p> <p><b>11:00 Trivia Challenge (LO)</b></p> <p>1:15 Book Club</p> <p>1:15 Kawartha Lakes News Discussion</p> <p><b>2:00 Homemade Hot Cocoa (LO)</b></p> <p>3:00 Knit Wits (LO)</p> <p>3:00 Bean Bags (AR)</p> <p>6:45 Evening Pokeno (FL)</p>	<p>9:30 Strength Class</p> <p>10:00 Posture Focus</p> <p>10:30 10 Pin Wii Bowling (TH)</p> <p><b>11:15 Chair Yoga</b></p> <p>1:00 Paraffin Wax Hand Therapy</p> <p><b>11:30 Shoreline Casino in Peterborough</b></p> <p>2:00 Shuffleboard</p> <p><b>3:45 Happy Hour with The Shamrocks</b></p> <p>7:00 Wonders of the Universe: <u>Destiny Stardust</u> (TH)</p>	<p>11:10 Big Screen Bingo (AR)</p> <p>1:00 Darts (AR)</p> <p>1:15 Lounge Social</p> <p><b>2:00 Afternoon with Lauren (LO)</b></p> <p>2:15 Tuck Shop Stop</p> <p>3:00 Wheel of Fortune (AR)</p> <p>4:00 Skip-Bo (AR)</p> <p><b>7:00 Saturday Night Movie: Saving Mr. Banks</b></p> <p>All Day: Word Puzzle of The Week- Champagne Cork Mining</p>					
<p><b>9:30 Church Runs Begin</b> 6</p> <p>10:30 Creative Colouring (AR)</p> <p><b>10:45 Catholic Communion (TH)</b></p> <p>12:45 Hymn Sing with Rosalind (LO)</p> <p>2:00 Shuffleboard (AR)</p> <p>3:00 Bridge &amp; Euchre (AR)</p>	<p>9:30 Strength Class (AR)</p> <p>10:15 Posture Focus (AR)</p> <p>11:10 Big Screen Bingo (AR)</p> <p><b>1:15 Chair Yoga (AR)</b></p> <p>2:00 Paraffin Wax Hand Therapy</p> <p><b>2:30 Recreation Meeting w/ Kathryn (AR)</b></p> <p>4:00 Bean Bags (LO)</p> <p>6:30 Poker Social (AR)</p> <p>6:45 Evening Pokeno</p> <p><b>7:00 When Calls the Heart (TH)</b></p> <p><b>Foot Care Appointments 9:30-3:00pm</b></p>	<p><b>9-3:00 Appointment Runs</b> 8</p> <p>9:30 Aqua Fit (PO)</p> <p>10:15 Strength Class (AR)</p> <p>11:10 Big Screen Bingo (AR)</p> <p>1:15 Bridge/Euchre (AR)</p> <p>3:00 Bible Study (AR)</p> <p>3:30 Bill &amp; Therapy Dog Tracker</p> <p>4:00 Mini Putt Challenge (LO)</p>	<p>9:30 Strength Class (AR)</p> <p>10:15 Flex Class (AR)</p> <p>11:10 Big Screen Bingo (AR)</p> <p><b>1:15 Shopping at Dollarama &amp; Food Basics</b></p> <p>1:30 Brain Games (LO)</p> <p>2:00 Paraffin Wax Hand Therapy (AR)</p> <p><b>2:00 Bingo Open Forum (AR)</b></p> <p>3:30 Bean Bags (LO)</p> <p>6:30 Poker Social (AR)</p> <p>6:45 Sing Along with Rosalind (LO)</p>	<p>9:30 Aqua Fit (PO)</p> <p><b>10:00 Bank Runs</b></p> <p><b>11:00 Shoppers/ LCBO</b></p> <p><b>11:00 Trivia Challenge (LO)</b></p> <p>1:15 Kawartha Lakes News Discussion</p> <p><b>2:00: My Passport: Monthly Travelogue: Discovering Latvia</b></p> <p>3:00 Knit Wits (LO)</p> <p>3:00 Bean Bags (AR)</p> <p>6:45 Evening Pokeno (FL)</p>	<p>9:30 Strength Class</p> <p>10:00 Posture Focus</p> <p><b>10:00 Early years Child Visit (LO)</b></p> <p>10:30 10 Pin Wii Bowling (TH)</p> <p>11:15 Chair Yoga</p> <p>1:00 Paraffin Wax Hand Therapy</p> <p><b>1:15 Shopping at Wal-Mart</b></p> <p>2:00 Shuffleboard (AR)</p> <p><b>3:45 Happy Hour with John Turner</b></p> <p>7:00 Wonders of the Universe: <u>Falling Messengers</u> (TH)</p>	<p>11:10 Big Screen Bingo (AR)</p> <p>1:00 Darts (AR)</p> <p>1:15 Lounge Social</p> <p><b>2:00 Chef Demo (AR)</b></p> <p>2:15 Tuck Shop Stop</p> <p>3:00 Afternoon Pokeno (LO)</p> <p>4:00 UNO (AR)</p> <p><b>7:00 Saturday Night Classic Movie: Breakfast at Tiffany's</b></p> <p>All Day: Word Puzzle of The Week</p>					
<p><b>9:30 Church Runs Begin</b> 13</p> <p>10:30 Creative Colouring (AR)</p> <p><b>11:00-1:00 New Years' Brunch Buffet! In the Dining Room</b></p> <p>12:45 Hymn Sing with Rosalind (LO)</p> <p>2:00 Shuffleboard (AR)</p> <p>3:00 Bridge &amp; Euchre (AR)</p>	<p>9:30 Strength Class (AR)</p> <p>10:15 Posture Focus (AR)</p> <p><b>11:00 Catholic Mass- St Mary's (TH)</b></p> <p>11:10 Big Screen Bingo (AR)</p> <p><b>1:15 Chair Yoga (AR)</b></p> <p>2:00 Paraffin Wax Hand Therapy (AR)</p> <p><b>3:00 Bean Bags (LO)</b></p> <p>6:30 Poker Social (AR)</p> <p>6:45 Evening Pokeno (FL)</p> <p><b>7:00 When Calls the Heart (TH)</b></p>	<p><b>9-3:00 Appointment Runs</b> 15</p> <p>9:30 Aqua Fit (PO)</p> <p>10:15 Strength Class (AR)</p> <p>11:10 Big Screen Bingo (AR)</p> <p>1:15 Bridge/Euchre (AR)</p> <p><b>1:30 Osteoporosis Support Group (TH)</b></p> <p>2:00 Shuffleboard (AR)</p> <p>3:00 Bible Study (AR)</p> <p>3:30 Bill &amp; Therapy Dog Tracker Visit</p> <p><b>3:45 Wine &amp; Cheese with Craig Brtnik (AR &amp; LO)</b></p>	<p>9:30 Strength Class (AR)</p> <p>10:15 Flex Class (AR)</p> <p>11:10 Big Screen Bingo (AR)</p> <p><b>1:15 Shopping at Loblaw's</b></p> <p>1:30 Brain Games (LO)</p> <p>2:00 Paraffin Wax Hand Therapy (AR)</p> <p>3:00 Bean Bags (LO)</p> <p><b>4:00 Name That Tune (LO)</b></p> <p>6:30 Poker Social (AR)</p> <p>6:45 Sing Along with Rosalind (LO)</p>	<p><b>Adelaide Place's 8th Anniversary</b> 17</p> <p>9:30 Aqua Fit (PO)</p> <p><b>10:00 Bank Runs</b></p> <p><b>11:00 Shoppers/ LCBO</b></p> <p><b>11:00 Trivia Challenge(LO)</b></p> <p>1:15 Kawartha Lakes News Discussion (LO)</p> <p><b>2:00 Bocce Ball (LO)</b></p> <p>3:00 Knit Wits (LO)</p> <p><b>3:45 January Birthday Party with Randy Reed (AR)</b></p> <p>6:45 Evening Pokeno (FL)</p>	<p>9:30 Strength Class (AR)</p> <p>10:00 Posture Focus (AR)</p> <p>10:30 10 Pin Wii Bowling (TH)</p> <p><b>11:15 Chair Yoga (AR)</b></p> <p>1:00 Paraffin Wax Hand Therapy (AR)</p> <p><b>1:15 Shopping at Wal-Mart</b></p> <p>2:00 Shuffleboard (AR)</p> <p><b>3:45 Happy Hour with Laurence Marks (LO)</b></p> <p><b>7:00 Evening Meditation with Becky! 9:30-4:30 Lindsay Ear Clinic</b></p>	<p>11:10 Big Screen Bingo (AR)</p> <p>1:00 Darts (AR)</p> <p>1:15 Lounge Social (LO)</p> <p><b>2:00 Craig Brtnik: The Great Depression, FBI, &amp; Bank Robber Baby Face Nelson Vs. Hoover (LO)</b></p> <p>2:15 Tuck Shop Stop (AR)</p> <p><b>3:00 Art with Adrienne (AR)</b></p> <p>4:00 Skip-Bo (AR)</p> <p><b>7:00 Saturday Night Movie: The Martian</b></p> <p>All Day: Word Puzzle of The Week- Tea for Two</p>					
<p><b>9:30 Church Runs Begin</b> 20</p> <p>10:30 Creative Colouring (AR)</p> <p>10:45 Catholic Communion (TH)</p> <p><b>11:10 Big Shot Bingo! (AR) - \$1.00 / Card -</b></p> <p>12:45 Hymn Sing with Rosalind (LO)</p> <p>1:30 Mexican Train (AR)</p> <p>2:00 Shuffleboard (AR)</p> <p>3:00 Bridge &amp; Euchre</p>	<p>9:30 Strength Class (AR)</p> <p>10:15 Posture Focus (AR)</p> <p>11:10 Big Screen Bingo (AR)</p> <p><b>1:15 Chair Yoga (AR)</b></p> <p>2:00 Paraffin Wax Hand Therapy (AR)</p> <p><b>3:00 Bean Bags (LO)</b></p> <p>6:30 Poker Social (AR)</p> <p>6:45 Evening Pokeno (FL)</p> <p><b>7:00 When Calls the Heart (TH)</b></p>	<p><b>9-3:00 Appointment Runs</b> 22</p> <p>9:30 Aqua Fit (PO)</p> <p>10:15 Strength Class (AR)</p> <p>11:10 Big Screen Bingo (AR)</p> <p>1:15 Bridge/Euchre (AR)</p> <p>2:00 Shuffleboard (AR)</p> <p>3:30 Bill &amp; Therapy Dog Tracker Visit</p> <p>4:00 Mini Putt Challenge (LO)</p> <p><b>6:30 Pub Night with Dave Barber (AR&amp; LO)</b></p>	<p>9:30 Strength Class (AR)</p> <p>10:15 Flex Class (AR)</p> <p>11:10 Big Screen Bingo (AR)</p> <p><b>1:15 Shopping at Lindsay Mall</b></p> <p>1:15 Brain Games (LO)</p> <p>2:00 Paraffin Wax Hand Therapy (AR)</p> <p>3:30 Bean Bags (LO)</p> <p>6:30 Poker Social (AR)</p> <p>6:45 Sing Along with Rosalind (LO)</p>	<p>9:30 Aqua Fit (PO)</p> <p><b>10:00 Bank Runs</b></p> <p><b>11:00 Shoppers/ LCBO</b></p> <p><b>11:00 Trivia Challenge (LO)</b></p> <p>1:15 Kawartha Lakes News Discussion (LO)</p> <p><b>2:00 Ian McKechnie Speaks: Robbie Burns (LO)</b></p> <p>3:00 Knit Wits (LO)</p> <p>3:00 Bean Bags (AR)</p> <p>6:45 Evening Pokeno (FL)</p>	<p>9:30 Strength Class (AR)</p> <p>10:00 Posture Focus (AR)</p> <p>10:30 10 Pin Wii Bowling (TH)</p> <p><b>11:15 Chair Yoga (AR)</b></p> <p>1:00 Paraffin Wax Hand Therapy (AR)</p> <p>2:00 A Highland Tea (AR)</p> <p><b>3:30 Happy Hour with Puttin' on the Hits(LO)</b></p> <p><b>5:15 Piping in the Haggis</b></p> <p><b>6:30 Robbie Burns Celebration &amp; Poetry Reading 7:00 National Geographic Series: <u>Falling Ice</u> (TH)</b></p>	<p>11:10 Big Screen Bingo (AR)</p> <p>1:00 Darts (AR)</p> <p>1:15 Lounge Social (LO)</p> <p><b>2:00 Time with Tish (LO)</b></p> <p>2:15 Tuck Shop Stop</p> <p>3:00 Shuffleboard (AR)</p> <p>4:00 UNO (AR)</p> <p><b>7:00 Saturday Night Movie: Secretariat</b></p> <p>All Day: Word Puzzle of The Week- Searching for January</p>					
<p><b>9:30 Church Runs Begin</b> 27</p> <p>10:30 Creative Colouring (AR)</p> <p>11:00 Shuffleboard (AR)</p> <p>12:45 Hymn Sing with Rosalind (LO)</p> <p><b>2:00 Aces of Harmony (LO)</b></p> <p>3:00 Bridge &amp; Euchre (AR)</p>	<p>9:30 Strength Class (AR)</p> <p>10:15 Posture Focus (AR)</p> <p>11:10 Big Screen Bingo (AR)</p> <p><b>1:15 Chair Yoga (AR)</b></p> <p>2:00 Paraffin Wax Hand Therapy (AR)</p> <p><b>3:00 Bean Bags (LO)</b></p> <p>6:30 Poker Social (AR)</p> <p>6:45 Evening Pokeno (FL)</p> <p><b>7:00 When Calls the Heart (TH)</b></p> <p><b>Foot Care Appointments</b></p>	<p><b>9-3:00 Appointment Runs</b> 29</p> <p>9:30 Aqua Fit (PO)</p> <p>10:15 Strength Class (AR)</p> <p>11:10 Big Screen Bingo (AR)</p> <p>1:15 Bridge/Euchre (AR)</p> <p>2:00 Shuffleboard (AR)</p> <p>3:00 Bible Study (AR)</p> <p>3:30 Bill &amp; Therapy Dog Tracker Visit</p> <p><b>3:45 Wine &amp; Cheese with Kathy Vandersanden (AR &amp; LO)</b></p>	<p>9:30 Strength Class (AR)</p> <p>10:15 Flex Class (AR)</p> <p>11:10 Big Screen Bingo (AR)</p> <p>1:15 Shopping at Canadian Tire</p> <p>1:30 Brain Games (LO)</p> <p>2:00 Paraffin Wax Hand Therapy (AR)</p> <p>3:00 Bean Bags (LO)</p> <p><b>4:00 Name That Tune (LO)</b></p> <p>6:30 Poker Social (AR)</p> <p>6:45 Sing Along with Rosalind (LO)</p>	<p>9:30 Aqua Fit (PO)</p> <p><b>10:00 Bank Runs</b></p> <p><b>11:00 Shoppers/ LCBO</b></p> <p><b>11:00 Pop Bottle Bowling (AR)</b></p> <p>1:15 Kawartha Lakes News Discussion</p> <p><b>2:00 Trivia Challenge(LO)</b></p> <p>3:00 Knit Wits (LO)</p> <p>3:00 Bean Bags (AR)</p> <p>6:45 Evening Pokeno (FL)</p> <p><b>7:00 The Crown Season 2 Premiere!</b></p>	<p><b>Please sign up for all Outings as soon as possible. Space is Limited!</b></p> <p>Sign-up sheets are in the Resident Outing Binder located in the Activity Room</p> <p><b>Recreation Team Contact Via Telephone: Ext 155 -or via email - Kathryn@adelaideplace.com</b></p> <p><b>Recreation Manager: Kathryn</b></p> <p><b>Recreation Assistants: Gillian, Colleen and Mikavla</b></p>						