



S E P T E M B E R

2019 Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Labour Day	3	4	5	6	7
<p>9:30-12:15 Church Runs</p> <p>10:30 Creative Colouring (AR)</p> <p>1:15 Hymn Sing with Rosalind (LO)</p> <p>2:00 Treats with Tish (BP)</p> <p>3:00 Bridge & Euchre (AR)</p> <p>7:00 Canadian T.V Series – Murdoch Mysteries (TH)</p>	<p>10:45 David Edgerton-Guest Speaker Canadian Legion</p> <p>1:30 Movie Matinee: Multiplicity (1996)</p> <p>1:30 Cribbage and Board Games (AR)</p> <p>2:15 Bean Bags (LO)</p> <p>3:30 BIG SHOT Bingo (AR)</p>	<p>9-3:30 Appointment Runs</p> <p>9:30 Aqua Fit (PO)</p> <p>10:15 Strength Class (AR)</p> <p>11:00 Dietary Changes Q&A with Lauren, Mark & Adrienne (LO)</p> <p>1:15 Bridge/Euchre (AR)</p> <p>2:15 Shuffleboard (AR)</p> <p>3:15 Falls Prevention (TH)</p> <p>3:30</p> <p>7:00 (TH)</p>	<p>Dining Room changes effective today</p> <p>9:30 Strength Class (AR)</p> <p>10:15 Posture Focus (FC)</p> <p>10:45 Big Screen Bingo (AR)</p> <p>1:30 Shopping at Dollarama & Food Basics</p> <p>1:45 Family Feud (LO)</p> <p>2:00 Paraffin Wax Hand Therapy (AR)</p> <p>3:00 Bean Bags (LO)</p> <p>6:30 Poker Social (AR)</p> <p>6:45 Sing Along with Rosalind (LO)</p>	<p>9:30 Flex Class (AR)</p> <p>9:30 Bank Runs</p> <p>10:45 Shoppers/LCBO</p> <p>11:00 Lounge Trivia (LO)</p> <p>1:15 Kawartha News and Discussion Group (LO)</p> <p>1:30 Book Club (PDR)</p> <p>2:00 Big Screen Bingo (AR)</p> <p>3:00 Knit Wits (LO)</p> <p>3:15 Falls Prevention (AR)</p> <p>3:30 Bean Bags (LO)</p> <p>6:45 Evening Pokeno (FL)</p> <p>7:00</p>	<p>9:30 Strength Class (AR)</p> <p>10:15 Strength Class (AR)</p> <p>10:30 10 Pin Wii Bowling (TH)</p> <p>1:30 Shopping at Wal-mart in Peterborough</p> <p>2:00 Paraffin Wax Hand Therapy (AR)</p> <p>2:15 Shuffleboard (AR)</p> <p>3:45 Happy Hour with Darlene</p> <p>6:30 Open Poker Social (AR)</p> <p>7:00</p>	<p>10:45 Big Screen Bingo (AR)</p> <p>1:00 Darts (AR)</p> <p>1:30 Patio Social</p> <p>2:00 Art with Adrienne (LO)</p> <p>2:15 Tuck Shop Open (AR)</p> <p>3:00 Afternoon Pokeno (AR)</p> <p>4:00 UNO (AR)</p> <p>7:00 Saturday Movie: Rebel without a Cause (1955)</p> <p>All Day: Word Puzzle – Back to School</p>
8	9	10	11	12	13	14
<p>9:30-12:15 Church Runs</p> <p>10:30 Creative Colouring (AR)</p> <p>1:15 Hymn Sing with Rosalind (LO)</p> <p>2:00 Shuffleboard (AR)</p> <p>3:00 Bridge & Euchre (AR)</p> <p>7:00 Canadian T.V Series – Murdoch Mysteries (TH)</p>	<p>9:30 Strength Class (AR)</p> <p>10:15 Strength Class (AR)</p> <p>11:00 Cribbage and Board Games (AR)</p> <p>1:30 Lucy Maud Montgomery Museum Tea and Tour</p> <p>1:20 “Express-30 min” Chair Yoga (TH)</p> <p>2:00 Paraffin Wax Hand Therapy (AR)</p> <p>2:00 Resident Open Forum (LO)</p> <p>3:10 Big Screen Bingo (AR)</p> <p>6:30 Poker Social (AR)</p>	<p>9-3:30 Appointment Runs</p> <p>9:30 Aqua Fit (PO)</p> <p>10:15 Strength Class (AR)</p> <p>11:00 Name that Famous Movie Scene! (TH)</p> <p>1:15 Bridge/Euchre (AR)</p> <p>2:15 Pop Bottle Bowling (AR)</p> <p>3:15 Falls Prevention (TH)</p> <p>3:45 Wine & Cheese with Craig Brtnik</p> <p>7:00 Celtic beginners Music Group (LO)</p> <p>7:00 (TH)</p> <p style="text-align: center;">*Footcare with Marie 9:30-3:00*</p>	<p>9:30 Strength Class (AR)</p> <p>10:15 Posture Focus (FC)</p> <p>10:45 Big Screen Bingo (AR)</p> <p>1:30 Shopping at the Lindsay Mall</p> <p>1:45 Brain Games (LO)</p> <p>2:00 Paraffin Wax Hand Therapy (AR)</p> <p>3:30 Resident Recreation Meeting with Kathryn (AR)</p> <p>6:30 Poker Social (AR)</p> <p>6:45 Sing Along with Rosalind (LO)</p>	<p>9:30 Flex Class (AR)</p> <p>9:30 Bank Runs</p> <p>10:45 Shoppers/LCBO</p> <p>11:00 Lounge Trivia</p> <p>1:15 Kawartha News and Discussion Group (LO)</p> <p>2:00 Big Screen Bingo (AR)</p> <p>3:00 Knit Wits (LO)</p> <p>3:15 Falls Prevention (AR)</p> <p>3:30 Bean Bags (LO)</p> <p>6:45 Evening Pokeno (FL)</p> <p>7:00</p>	<p>10:00 Early Years Childcare Visit (LO)</p> <p>10:30 10 Pin Wii Bowling (TH)</p> <p>11:00 Trip to Shoreline Casino in Peterborough</p> <p>2:00 Paraffin Wax Hand Therapy (AR)</p> <p>2:15 Shuffleboard (AR)</p> <p>3:45 Happy Hour with Putting on the Hits</p> <p>6:30 Open Poker Social (AR)</p> <p>7:00</p> <p style="text-align: center;">Lindsay Ear Clinic 9:30-4:40</p>	<p>10:45 Big Screen Bingo (AR)</p> <p>1:00 Darts (AR)</p> <p>1:30 Patio Social</p> <p>2:00 Program with Greg (LO)</p> <p>3:00 Historian Ian McKechnie Presents: Autumn Fair Memories</p> <p>2:15 Tuck Shop Open</p> <p>4:00 Skip-Bo (AR)</p> <p>7:00 Saturday Movie: Did You Hear About the Morgans? (2009)</p> <p>All Day: Word Puzzle– September IQ</p>

September 2019 Activity Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
15 9:30-12:15 Church Runs 10:30 Creative Colouring (AR) 1:15 Hymn Sing with Rosalind (LO) 2:00 Greg 2:00 Wheel of Fortune (AR) 3:00 Bridge & Euchre (AR) 4:00 Mexican Train (AR) 7:00 Canadian T.V Series – Murdoch Mysteries (TH)	16 Food Drive Begins 9:30 Strength Class (AR) 10:15 Strength Class (AR) 11:00 St. Mary's Catholic Communion (TH) 11:00 Cribbage and Board Games (AR) 1:30 Chair Yoga (TH) 2:00 Paraffin Wax Hand Therapy (AR) 2:00 Birthday Party with John Turner 3:10 Big Screen Bingo (AR) 6:30 Poker Social (AR) 6:45 Evening Pokeno (FL)	17 9-3:30 Appointment Runs 9:30 Aqua Fit (PO) 10:15 Strength Class (AR) 11:00 Name that Tune! (LO) 1:15 Bridge/Euchre (AR) 2:15 Bocce Ball (AR) 3:15 Falls Prevention (TH) 3:30 Name Tag Social (AR) 5:30 Manager's Lobster Dinner \$25.00/person (AR) 7:00 (TH)	18 9:30 Strength Class (AR) 10:15 Posture Focus (FC) 10:45 Big Screen Bingo (AR) 12:00 Lunch at Aunt Laura's in Bethany 1:45 Brain Games (LO) 2:00 Paraffin Wax Hand Therapy (AR) 3:00 Bean Bags (LO) 6:30 Poker Social (AR) 6:45 Sing Along with Rosalind (LO)	19 9:30 Flex Class (AR) 9:30 Bank Runs 10:45 Shoppers/LCBO 11:00 Lounge Trivia (LO) 1:30 Dietary Changes Follow up Meeting with Lauren, Mark & Adrienne 3:00 Big Screen Bingo (AR) 3:00 Knit Wits (LO) 3:15 Falls Prevention (AR) 4:00 Bean Bags (LO) 6:45 Evening Pokeno (FL) 7:00	20 9:30 Strength Class (AR) 10:15 Strength Class (AR) 10:30 10 Pin Wii Bowling (TH) 11:15 Meditation with Lauren (AR) 1:15pm Kawartha Lakes news and Discussion (LO) 1:30 Trip to Maripsoa Woolen Mill 2:00 Paraffin Wax Hand Therapy (AR) 2:15 Shuffleboard (AR) 3:45 Happy Hour with Dig The Moon 6:30 Open Poker Social (AR) 7:00	21 10:45 Big Screen Bingo (AR) 1:00 Darts (AR) 1:30 Patio Social 2:30 Baking with Erica (AR) 2:15 Tuck Shop Open (AR) 3:00 Jeopardy (LO) 4:00 UNO (AR) 7:00 Saturday Movie: Philomena (2013) All Day: Word Puzzle- Good Harvest		
22 9:30-12:15 Church Runs 10:30 Creative Colouring (AR) 1:15 Hymn Sing with Rosalind (LO) 2:00 Shuffleboard (AR) 3:00 Bridge & Euchre (AR) 4:00 Mexican Train (AR) 7:00 Canadian T.V Series – Murdoch Mysteries (TH)	23 9:30 Strength Class (AR) 10:15 Strength Class (AR) 11:00 Cribbage and Board Games (AR) 1:00 Aberdeen Wool Company (LO) 1:30 Chair Yoga (TH) 1:30 Shopping at Lansdowne Mall 2:00 Paraffin Wax Hand Therapy (AR) 2:00 Bean Bags (LO) 3:10 Big Screen Bingo (AR) 6:30 Poker Social (AR) 6:45 Evening Pokeno (FL)	24 9-3:30 Appointment Runs 9:30 Aqua Fit (PO) 10:15 Strength Class (AR) 1:15 Bridge/Euchre (AR) 2:00 Bill the Clock Doctor (LO) 3:15 Falls Prevention (TH) 3:45 Wine & Cheese with Jack Nevins (LO) 7:00 (TH) 7:00-9:00 Celtic Beginners (LO) *Footcare with Marie 9:30-3:00*	25 9:30 Strength Class (AR) 10:15 Posture Focus (FC) 10:45 Big Screen Bingo (AR) 1:15 & 1:30 Shopping at Giant Tiger 2:00 Bean Bags (LO) 2:00 Paraffin Wax Hand Therapy (AR) 3:00 Movement and Music with Mithila (AR) 6:30 Poker Social (AR) 6:45 Sing Along with Rosalind (LO)	26 9:30 Flex Class (AR) 9:30 Bank Runs 10:45 Shoppers/LCBO 1:15 Kawartha News and Discussion Group (LO) 2:00 Big Screen Bingo (AR) 3:15 Falls Prevention (AR) 3:00 Knit Wits (LO) 3:30 Bean Bags (LO) 6:45 Evening Pokeno (FL) 7:00	27 9:30 Strength Class (AR) 10:15 Strength Class (AR) 10:30 10 Pin Wii Bowling (TH) 1:30 Trip to the Canoe Museum in Peterborough 2:00 Paraffin Wax Hand Therapy (AR) 2:15 Shuffleboard (AR) 3:45 Happy Hour with Craig Brtnik 6:30 Open Poker Social (AR) 7:00	28 10:45 Big Screen Bingo (AR) 1:00 Darts (AR) 1:30 Patio Social 2:00 My Passport Monthly Travelogue: Feeling Spacey on the Moon (AR) 2:15 Tuck Shop Open 3:30 Wheel of Fortune (LO) 4:00 Skip-Bo (AR) 7:00 Saturday Night: 42 The Jackie Robinson Story (2013) (TH) All Day: Word Puzzle- A-Mazing Honey		
29 9:30-12:15 Church Runs 10:30 Creative Colouring (AR) 1:15 Hymn Sing with Rosalind (LO) 2:00 Baking Oktoberfest Pretzels with Kathryn! (AR) 3:00 Bridge & Euchre (AR) 4:00 Mexican Train (AR) 7:00 Canadian T.V Series – Murdoch	30 9:30 Strength Class (AR) 10:15 Strength Class (AR) 11:00 Cribbage and Board Games (AR) 1:30 Chair Yoga (TH) 2:00 Paraffin Wax Hand Therapy (AR) 2:00 Bean Bags (LO) 3:10 Big Screen Bingo (AR) 6:30 Poker Social (AR)	<p>Recreation Team</p> <p>Contact: Via Telephone: Ext .155 or Kathryn@adelaideplace.com Recreation Manager: Kathryn Recreation Assistants: Gillian Colleen</p>					<p>All Van Trips are in Blue</p> <p>Sign Up Sheets are placed in the Outing Binder as soon as the calendar is distributed.</p> <p>Outing Binder is located in the Activity Room.</p> <p>Please sign up for all outings and appointments as soon as possible.</p> <p>Space is often limited.</p>	<p>Legend</p> <p>(AR) Activity Room (BP) Back Patio (CA) Café (DR) Dining Room (FC) Fitness Centre (FL) Front Lobby (FP) Front Patio (LO) Lounge (MO) Marketing Office</p>

(PDR) Private Dining Room
 (PO) Pool
 (TH) Theatre
Outings are in Blue

Programs & Locations May Change Unexpectedly

Please see Daily Poster for Up-to-date Program Schedule and Locations